Horticulture New Zealand. Vegetables: Fresh, Quick, Tasty at www.vegetables.co.nz

“Indian Table (Yoga) Etiquette” at http://indianfoodsco.com/Ayurveda/TableEtiquette.htm


National Gardening Association at www.kidsgardening.com/growingideas/projects/eb/03/p11.html

New Zealand Advertising Standards Authority at www.asa.co.nz

New Zealand Food Safety Authority at www.nzfsa.govt.nz

No Dig Vegetable Garden at www.no-dig-vegetablegarden.com/gardening-for-kids.html

Packaging Council of New Zealand at www.packaging.org.nz


Stephanie Alexander Kitchen Garden Foundation at www.kitchengardenfoundation.org.au


Tibble, R. (2006b). Te Ahau o te Kūmara Kai ora 1. Te Whanganui a Tara: HANA.


WWF–New Zealand at www.wwf.org.nz
HE TUHINGA ANŌ, HE RAUEMI ANŌ MĀ NGĀ POUAKO

Ngā Rauemi Kai, Taioranga a te Kawanatanga

Advertising Standards Authority at www.asa.co.nz

District Health Boards (Public Health) websites for health promotion assistance and information. Addresses available on the Ministry of Health website at www.moh.govt.nz/districthealthboards


Ministry of Health Food and Nutrition Guidelines Background Papers. Available at www.moh.govt.nz/foodandnutrition

Ministry of Health freephone number: 0800 408 962

Ministry of Health product database. Available at www.everyday-sometimes.org.nz

Ministry of Health resources for food and nutrition, including family food and guidelines for different age groups. Available at www.healthed.govt.nz/resources/healthyfamilyfood.aspx


Ngā Pukapuka e Hāngai ana mai i te Raupapa The Curriculum in Action, nā Te Tāhuu o te Mātauranga


Healthy People Eat Healthy Food: Food and Nutrition: Years 1–3 (1999b). Item number 23602.

In the Outdoors: Years 7–8 (2001). Item number 24700.


To order these Ministry resources, freephone 0800 660 662 or freefax 0800 660 663.

He Pārongo, he Rauemi mō te Kai me te Taioranga

Agencies for Nutrition Action. This website is a tool for people who work to promote nutrition and physical activity in New Zealand. Available at www.ana.org.nz

Health Sponsorship Council’s Feeding Our Futures Campaign at www.feedingourfutures.org.nz/index.html

Healthy Food Guide, published monthly by Healthy Food Media at www.healthyfood.co.nz


Horticulture New Zealand at www.vegetables.co.nz

National Heart Foundation. Information (about healthy eating, physical activity, recipes, articles, Healthy Heart Award, School Food Programme, and Jump Rope for Heart) at www.heartfoundation.org.nz

New Zealand Beef and Lamb at www.nzbeeflamb.co.nz


UK Food Standards Agency. Practical tips to help you make healthier choices and eat well, including lunch ideas for a week. Available at www.food.gov.uk

5+ A Day: Information and resources available at www.5aday.co.nz

He Whakaaro e Hauora Ake ai ngā Wharekai Kura me ngā Pouaka Tīna, e Uru Mai anō ai te Hapori

Food in Schools at www.foodinschools.org

National Heart Foundation of New Zealand at www.heartfoundation.org.nz

He Waiata mō te Kai

www.dole5aday.com

He Pārongo mā ngā Ākonga mō te Haumaru o te Kai


Food Safety Information at www.foodsafety.govt.nz

[Go to Kids, Teens, and Educators]
He Pārongo, he Rangahautanga Whānui

HETTANZ is the subject association for teachers and/or interested people in the fields of home economics and technology and the allied fields of health, human development, human nutrition, hospitality, and life science. At www.hettanz.org.nz

National Agricultural Library. This United States website has information on sustainable foods at www.nal.usda.gov/

He Raraunga mō ngā Kai me ngā Taiora e Pau ana i te Tamariki


Te Ako Tahi

Co-operative Learning at http://edtech.kennesaw.edu/intech/cooperativelearning.htm

The Co-operative Learning Center at www.co-operation.org/